

Life in the Wilderness

Term 2 Issue #1 | Friday 13 May, 2022



FROM THE PRINCIPAL

Exciting Moments and Memories Made

[Belinda Arnfield, Principal](#)

Welcome back to Wilderness for Term 2. I hope your family has had a lovely start to the new term, and that your daughters are already eagerly delving into exciting new learning. On behalf of the teaching staff, we were grateful to be able to connect in person with so many parents at the Middle and Senior School interviews held over the past fortnight. The opportunity to discuss our girls' learning with their families is so important to us.

We began the first week of May with a series of events. On Thursday, our Year 3 to 12 students were dashing through the Parklands, completing our annual Cross Country course. Fortunately, the rain and hail held off until everyone had crossed the finish line. It certainly did not dampen the girls' House spirit.

Just two days later, our senior students were swapping their muddy sneakers for ballgowns. The Wilderness Formal was held on Friday 6 May, and what a beautiful 'Starry Night' it was. Formal is an important rite of passage for all Wilderness girls. We have certainly learned in the past few years that we cannot take our treasured events like these for granted, which deepened our appreciation of the beautiful starry decorations and the chance to spend a fun evening celebrating with close friends.

Another important event in our community calendar was the Mother's Day Classic, held

in Elder Park. Students, parents and friends joined together to run and walk in the fight against breast cancer. Thank you to every person who gave up their Sunday morning to get active and raise money for this worthy cause—especially our Parents and Friends who coordinated our team and set up the booth. Yesterday, we were named the largest participating school for the 11th year in a row.

Athletic pursuits, celebrating the friendships and memories made over a lifetime at school and our community joining together for a crucial cause. If those are the highlights we can fit into one week at Wilderness, imagine how many exciting moments are still to come throughout the term.

One upcoming event that we are all looking forward to is the Wilderness Old Scholars Quiz Night, which is fast approaching on Friday 20 May at 6.30pm. There is still time to register your table of ten [here](#) for what is bound to be a fabulous evening. We cannot wait to see you there.

Influenza Season

You may be aware that there are increasing numbers of Influenza A cases in the community. SA Health advises that Influenza A is a nasty virus and also very infectious.

To prevent the virus from spreading, we encourage you to refer to the [attached flyer](#) that outlines symptoms, signs and treatment options for children.

Belinda Arnfield

Principal



EARLY LEARNING

Mother's Day Breakfast

[Rebecca Williamson, Assistant Head of Junior School Early Years](#)

On Tuesday 10 May, our wonderful mothers joined us for an incredibly special Mother's Day Breakfast. The girls relished the opportunity to spoil their mothers with gifts, cards and breakfast. In creating the gifts, the girls were reminded just how much they love and appreciate their mums.

This event is also an important way for our families to connect with each other. Parenting is paved with delights and challenges, but what is for sure, it cannot be done alone. We hope that on this day, and always, our parents feel supported and connected, and just like their girls, they find life-long friendships here at Wilderness.

This moment cannot pass without saying thank you to our staff team. This event would not be possible without each staff member's thought, dedication, and commitment, and I am incredibly grateful for every single person involved in this special event.

We hope that you all enjoyed the event and your Mother's Day on Sunday 8 May. Thank you, mums, for all you do for us and your girls. You make a positive difference here at Wilderness.







JUNIOR SCHOOL

Learning about Leadership

Lani Brockwell, Assistant Head of Junior School

As our girls progress through the Junior School, they are offered different opportunities to develop their dispositions. Year Six is a perfect time for our girls to practise their leadership skills. This semester, the girls have been busy inspiring, supporting and caring for their peers, and our Semester One House Captains share the leadership lessons they have learned below.

As the Amaryllis House Captain, I have had many opportunities to show leadership. To me, leadership means being a good role model to younger children and being able to influence others in positive ways. During Sports Day, I showed leadership by guiding my House, encouraging them and supporting them. – **Jasmine Lu, Amaryllis House Captain**

This semester I had the opportunity to be Amy House Captain with Jasmine. During this time, I got to do three different events: Sports Day, Cross Country and the House Cheers. I have loved cheering on the people in my House, it's been a great experience. Being a House Captain has improved my confidence in public speaking. I have wanted to be a House Captain since my first House meeting, and it finally happened. I hope that the Amy House Captains in the future have as much fun as I did. – **Amelia Rowberry, Amaryllis House Captain**

To me, leadership means being independent in our thinking, and making decisions on our own. Leadership is also about taking initiative. An example of this is when we were choosing a song for Sports Day. I think leadership is a very important skill to have.

I would love to have a leadership role like House Captain in Middle and Senior School.

I would like this role because it has made me more organised. – **Zoya Rizwan, Antholiza House Captain**

To me, leadership means showing leadership, which is to be respectful, responsible and organised. I had an opportunity to show leadership during Sports Day by leading the House Cheers. I helped everyone in my House get organised for them, and I also led the warm-ups. I really enjoyed getting to know everyone in my House and building a relationship with them. – **Jemima Hicks, Antholiza House Captain**

Being Semester 1 Carob House Captain has taught me to be a respectful, courageous and fun leader. I have enjoyed working with my House and my Carob House Captain partner, Matilda Burns. Matilda and I have loved working with all the girls from Years 2 to 6. Being House Captain has helped my confidence, particularly when I practise public speaking. – **Isla Balestrin, Carob House Captain**

I was so excited to be given the opportunity to be a House Captain this year. Leadership, to me, is about being confident, mature and leading by example. It was a privilege to be a leader in significant events such as Cross Country and Sports Day. It taught me the importance of organisation, responsibility and preparation. I had such fun at these events, and I can't wait to hopefully have the opportunity to be a leader in the Middle and Senior School. – **Matilda Burns, Carob House Captain**

Being a Cedar House Captain has taught me to be organised and the importance of being a role model to younger students. Leadership, to me, means being inclusive and guiding the younger girls to be stronger and love what they do. I'd love to have a leadership role like this in the future. – **Scarlett Desyllas, Cedar House Captain**

Being a Cedar House Captain has taught me to be organised and be a better leader. Being a leader, to me, means being inclusive and guiding the younger girls to be stronger and love what they do. I hope that I can continue my leadership journey as I move through the School. – **Matilda Kennedy, Cedar House Captain**

I was very privileged to be given the opportunity to be the Sparaxis House Captain this Semester. This role has taught me a lot about leadership and has helped me to be more organised. Being a House Captain has let me get to know different people from other year levels. Leadership, to me, means being organised and a good leader to your House. An example of when I showed leadership was when I was warming up my House before Sports Day and Cross Country. I hope I can also get a leadership role like this in the future, because I really enjoyed it. – **Sameera Bajhau, Sparaxis House Captain**

I had the privilege of being Sparaxis House Captain for Semester 1, and this included Sports Day and Cross Country. This role has given me the opportunity to be more organised and confident. Leadership, to me, is being a role model to other students. I love helping younger girls to be excited about sports. I hope to get another opportunity

like this in the future. – **Maya Ianella, Sparaxis House Captain**

Year 3 Class Representative

To our Year 3 parents, we would like to announce that Hita Modi (Kyra's mum) has very kindly offered to take on the role of Year 3 Class Representative this year.

We are very thankful to Hita for volunteering for this role, and we look forward to what she will organise for the class.

Year 5 Class Representative Events

Our Year 5 Class Reps Cleo Cooper (Scarlett's mum), Maggie Johannsen (Olivia's mum) and Preeya Goel (Tara's mum) have been busy preparing fun activities for the Year 5 parents this year. We encourage you to note the following dates in your diary.

Friday 27 May

Coffee at Pippas

After school drop off

67 O'Connell Street (in the North Adelaide Village)

No need to RSVP—just join in if you can!

Thursday 30 June

Mums Dinner

7.30pm

Location TBA

Please RSVP by 17 June to Cleo on 0432 766 803

Saturday 17 September

Bottle and Plate Night

7.30pm

Maggie's House (Olivia's Mum):

178 Ward Street, North Adelaide

Please RSVP by 15 August to Preeya on 0420 974 922

Sunday 27 November

Class End of Year Picnic

Details to follow





MIDDLE SCHOOL

Reflecting on REALISE

[Rhianon Giles, Acting Head of Middle School](#)

It has been a very busy return to school following the Easter Holidays. I hope that you have all enjoyed the opportunity to meet with your daughter's teachers over the two evenings of Parent Teacher Interviews.

REALISE

The parents of Core Group 1 travelled to Crawford on Maundy Thursday to collect their daughters after a very successful three-week experience. The parents enjoyed lunch and a showcase prepared by the girls to summarise their time at REALISE. The girls will have a first aid course and a day of rock-climbing next week to complete their experience.

Core Group 2 left early on the Sunday morning before school returned for the term. I look forward to hearing all about their time at Crawford when I join them overnight next week.

We hope you enjoy this short reflection by Year 9 student, Niya Singhal, who attended REALISE with Core Group 1.

REALISE was an amazing experience for all of us. It allowed us to try things we had never done before and gain valuable experiences.

We bonded a lot as a Core Group; I talked to people I normally wouldn't and thus learned a whole heap of new things.

Sustainability was a huge focus, and therefore I learned about the correct way to dispose of rubbish and the idea that 'Your Dollar is Your Vote'.

While shopping, we chose an ethical issue to support. For example, in the second week, we only bought Australian-made groceries.

REALISE was eye opening for me, in that I had no idea how much work you have to do to keep a household functioning. Cooking, cleaning, shopping, menu planning, doing the laundry and making sure everyone's happy is exhausting. I was tired after doing only three weeks of it, so I have no idea how my parents manage. On the other hand, I think most people's favourite moments were when we were in our cabins having fun and experimenting in the kitchen.

Like I said before, I bonded a lot with the people in my cabin, and we have so many inside jokes and memories. But being with the same people for three weeks taught me so much about compromising and empathy. We wouldn't always agree on things, and we had to find a middle ground in order to continue to function happily as a cabin.

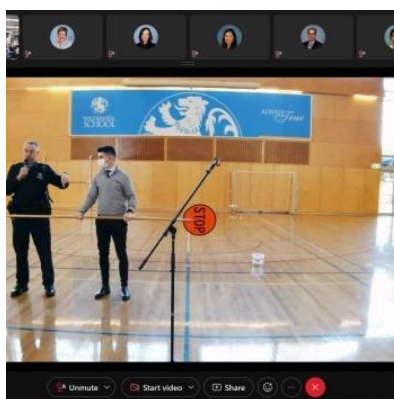
During REALISE, I also learned to live life in the moment, and not worry about what's happening at home or what's happening the next day. During chillout, I had time to reflect, which allowed me to be present for the activities we did. Overall, REALISE has been an incredible, once-in-a-lifetime experience, and it was an amazing three weeks.

Traffic Monitor Training

All students in Years 6 to 10 participated in training last week that enables them to be traffic monitors at our school crossings. Each year, trainers from SAPOL deliver this training in the gym. The training had to be delayed initially because of COVID restrictions. Due to the ongoing restrictions around student assemblies, the training was delivered online for older students, while the Year 6 girls were in the gym. Students will soon receive their certificate from SAPOL and will continue to help students arrive and leave school safely each day.

NAPLAN

This week, Year 7 and 9 girls have undergone four days of NAPLAN testing. For the second year, Wilderness students have completed the tests online. If your daughter has missed any of the testing, there will be make-up sessions next week. Results will be distributed later in the year.





SENIOR SCHOOL

Celebrating a Starry Night

Ben Manifold, Head of Senior School

It was wonderful to bring a sense of normality back to the school year for the senior girls at the Convention Centre last Friday evening, as we celebrated the 2022 Wilderness Formal. The theme was 'A Starry Night' and the girls and their partners sparkled as they danced the night away under the ceiling of fairy lights. I could not have been prouder of the way the Year 11 and 12 girls conducted themselves throughout the evening and I was very grateful for the numerous staff who gave up their Friday night to be a part of this important night for the School community. This means a lot to the girls and speaks volumes of the relationships that the girls have with their teachers.

Term 2 is going to be a busy and fast-paced term. After a 11-week Term 1, we now have a shorter 9-week term. As I mentioned at the Senior School Assembly on Monday this week, planning and time management is going to be important for all girls this term. They have all been emailed the live link to the electronic assessment planner and they are encouraged to review this document to identify their heavy assessment periods this term and plan accordingly.

The Year 11 and 12 girls will have their mid-year exams in Weeks 7 and 8, which will come around very quickly, while the Year 10 girls will have their university pathways and work experience week during Week 8 (Wednesday 20 – Sunday 24 July). For parents of Year 10 girls, can you please check in with your daughters to ensure that they have submitted the necessary paperwork to the Careers Office so that their work experience arrangements can be finalised?

Next week we look forward to the annual Merit Ceremony, which will be held at Government House on Thursday 19 May to celebrate the academic achievements of those girls who were awarded a Governor's Academic Merit for their Stage 2 studies in 2021. It is pleasing that these achievements will be recognised publicly rather than through a virtual ceremony (which was mooted at the start of the year).

We will also welcome Mr Paul Dillon back to Wilderness on Tuesday to speak to all Senior School girls about Drugs and Alcohol. Paul's presentations are looked forward to and enjoyed by all girls over their final three years at Wilderness. Paul is a leader in education in this field and is committed to ensuring the community has access to accurate and up-to-date alcohol and other drugs information. The School will provide an online presentation for parents on **Tuesday 28 June at 6.00pm**. Please put this date in your diary.

Over the holiday period several girls excelled in their areas of co-curricular interest. In Water Polo, Year 12 students **Olivia Scamoni** and **Imogen Cavill** won gold with the U18 Adelaide Jets Water Polo team at the Australian National Championships in Brisbane, as did **Kasundi Stone** (Year 11) with the U16 Adelaide Jets Team. **Sachi Syme** (12 ANT) was the vice-captain of the South Australian U18 AFLW team that was undefeated at the U18 National Championships. As a result of her performances, Sachi was named in the U18 All Australian Team. These are wonderful achievements and reward the hours of hard work put in by the girls—well done!

As we head into a busy Term 2, I encourage all girls to persist and understand that perseverance is important when they are challenged and feel out of their depth or comfort zone. The difficulty or delay in success will lead to a much greater sense of achievement and satisfaction. Taking the easy option often leads to disappointment and does not lead to personal growth.

Finally, a reminder that from the start of next week all girls are to be wearing the winter uniform. The outer garment must be the School Blazer when outside the School in uniform.

Year 12 Class Representative Event

To all the Year 12 parents: let's celebrate raising courageous young women, and reflect on our time at Wilderness as parents of the 2022 student cohort.

Wilderness Year 12 Parent Reflection Party

Saturday 27 August

7.00pm – 11.00pm

National Wine Centre

\$100 per person

Ticket price includes a range of hot and cold canapes for all food preference types and a glass of wine/beer upon arrival. Additional drinks can be purchased on the night from an extensive wine list.

The dress theme for the evening is: SPARKLE

Click [here](#) for more information.





BOARDING

A Fun Start to the Term

[Renee Coventry, Head of Boarding](#)

Following a long and anticipated wait, the Formal arrived for our Year 11 and 12 girls last Friday. As you can see from the photos, our girls were the stars of the evening and looked fabulous! There was a buzz of excitement in the air in the lead up to Friday's event, and I know that our girls were so pleased that their formal day had arrived.

While our seniors enjoyed their Formal, our juniors enjoyed a night out bowling and playing laser tag at King Pin in Norwood. Following a fun-filled Friday night, a restful weekend was welcomed by our girls.

We have been planning and coordinating a range of upcoming events for our girls this term, including a movie night, bliss ball making, and an excursion to Cleland Wildlife Park.

This week we welcome Ashleigh Bradford to the Boarding House as a new tutor. Ashleigh is an Old Scholar (2016) who is currently studying Medicine at Flinders University. Together with our tutors, we also have a number of staff who are qualified teachers and happy to support our boarders with their homework should they need additional guidance.

Our first Exeat for Term 2 is scheduled for next weekend, on Saturday 21 and Sunday 22 May.

Renee Coventry
Head of Boarding





CREATIVE INDUSTRIES

Ready, Set, Rehearsals!

Anna Lenartowicz, Head of Music

Ensembles Update

All ensembles have now resumed their rehearsals. Please make contact directly with your director if your daughter is going to be absent or alternatively contact Mrs Vanessa Abela (Ensemble Coordinator) if you have any concerns.

You can access the Ensemble Schedule [here](#).

Music Performance Calendar Dates

We are very excited that we have some live concerts and events coming up this term. You are able to access the Music Performance dates [here](#). Please check these carefully and [email](#) our Ensemble Coordinator if you have any questions.

Details for the first few concerts will be sent home via email in the coming two weeks.

From Medschool With Love

The Adelaide University Medical Orchestra (AUMO) is holding their annual concert at Adelaide Town Hall on Sunday 15 May at 7.00pm. Entitled ***AUMO: From Medschool with Love***, this year they are supporting Cystic Fibrosis SA, a charity that works to support

both people with cystic fibrosis and their families.

I know that there are many of our students who are passionate about music, and are also striving or thinking about going into medicine, so it would be a great opportunity for them to see what the Adelaide University Medical School can offer, whilst also supporting a great cause. There are several Wilderness Old Scholars playing in this concert—Tatyana and Katya Hubchenko, Alyshia Vu and Melena Mavrakis, to name a few.

Tickets are on sale now [here!](#)



CAREERS CORNER

Careers Corner

[Caroline Rocco, Careers Counsellor](#)

The main objective of the Wilderness School Careers Committee this year is to promote and encourage more students in our community to take advantage of the career education opportunities available to assist with their future study and career decisions.

As a committee, we decided to start by collaborating with Ms Caroline Palmer (Rocco) to organise a series of 8.00am University Guest Speaker sessions, with the bonus of a lovely breakfast provided to all attending. Our school was fortunate to host several informative presentations by interstate universities, including representatives from Bond University, The University of Queensland, Monash University, and ANU (The Australian National University), as well as a Zoom session with The University of Sydney.

The students who attended found these sessions found them to be extremely useful, as summed up by Annecy Cheung (Year 12):

“Having the university guest speaker sessions was a valuable opportunity for us to learn more about each university, as well as the pathways and courses available. I found it helpful being able to chat in person with the university representative to get specific questions answered.”

Isabelle Yu

Career Representative, SRC

Upcoming Tours and Webinars

University of Melbourne

Hear from current students, meet the academic and pastoral care staff, learn more about our scholarship programs, and discover the best of residential college clubs, societies, events, and leadership opportunities.

Residential College Virtual Tours

Saturday 21 May

12.00pm to 4.00pm

[Register here](#)

University of Sydney Virtual Kickstart Science

Online workshops for high school students.

[Register here](#)

University of Sydney

Publications and resources, such as 2023 course guides, can be viewed [here](#).

The following Course-specific webinars are available:

- Careers in Architecture [Careers in Architecture](#)
- Your Future in Business [Your Future in Business](#)
- Circular Economy = CE= Chemical Engineering [Circular Economy = CE = Chemical Engineering](#)
- A Day in the Life of a Law student [A day in the life of a Law student](#)
- Medicine and Health [Medicine and Health](#)

UNSW (University of New South Wales)

UNSW Medicine Information Evening recording. Watch [here](#).

World Health Day

This year's theme acknowledges how intricately our physical health is linked to a healthy planet. Amid a pandemic, a polluted planet, and increasing diseases like cancer, asthma, and heart disease, on World Health Day 2022, WHO (World Health Organisation) will focus on the actions needed to keep humans and the planet healthy and foster focus on

wellbeing.

5 Careers in Environmental Health

As awareness of the link between the environment and health grows, there are several emerging and developing careers in this sector.

Many of these roles focus on better understanding, analysing, and managing health through environmental considerations. Others focus on raising education within specific industries including agriculture and food production.

The field of healthcare and medicine is firmly in the spotlight. With the impact of COVID-19 still moving across our communities, with vaccines and boosters, health has been on our minds!

Read the article [here](#).

Working at Capgemini – Worldwide Technology company

Capgemini is a multinational information technology services and consulting company. The group helps companies manage and transform their companies by using technology, with 290,000 team members in nearly 50 countries.

Watch the video [here](#).

Immerse Education 100% Scholarship to attend their online Insights Program

The Immerse Education Blog Competition provides the opportunity for students aged 13-18 to write a blog about a pre-set topic. Four winners will receive a 100% scholarship for their online insights virtual summer programme, with runner-up prizes also awarded.

Click [here](#) for more information.

Projecting Employment 2026

Read the article [here](#).

Industry Immerse Work Experience at Schneider

For students in Years 10-12 (Monday 4 July - Friday 8 July 2022)

Schneider Electrical are keen to work specifically with a small group of girls by providing a week of work experience from Monday 4 to Friday 8 July (a week of the July holidays).

Although Engineering is one area of work covered at Schneider, Engineering is not the only area of work covered during the work placement; other areas including Accounting, Marketing, Human Resource Management, Logistics, and more should also be considered.

Why join the academy? Get real-world industry knowledge skills and work experience at a multinational company.

- Build 21st Century skills to give you a running start in the 'real world'. Understand the skills future employers are seeking
- Experience a rare opportunity to play with projects aligned with an area of your interest
- Access to the Big Sister Academy, where you will learn skills such as confidence building, growth mindsets, and goal setting
- Get an insider preview into the many exciting career pathways available in the future world of work
- Meet empowering women and change-makers in their industry, plus you can mingle with like-minded girls and build lifelong friendships
- The program aims to guide and support you towards being future-ready and, importantly, choosing a career that you will love, not what society or stereotypes tell us.

Students keen to undertake the week of industry immersion should email Ms Palmer with a brief explanation (250 words) as to why they should be considered for the experience.

More information about Schneider Electrical can be viewed [here](#).





UNIFORM SHOP

New Uniform Delays

[Meredith Olsson, Uniform Shop Manager](#)

New PE Jacket – Delayed

The new PE jacket that was expected to arrive late March has been delayed until June. This has happened because of the lockdowns in China where they are made. We still have plenty of the discontinued fleece jackets for the Junior School girls which may be worn until the end of 2023. They have been discounted and are now priced at \$29.00.

New Junior Raincoat (worn from Reception) – Delayed

The new junior raincoat that was due to arrive in May has also been delayed, but we were able to get some put aside to be air freighted before they were packed for shipping. I'll be in contact when we have stock.

New Mouth Guards

The Uniform Shop is now stocking a new mouth guard for contact sports. NeoMorph mouth guards are made in Australia, developed by an Adelaide dentist, and are designed to fill the gap between a dentist-fitted mouth guard and the cheaper chemist brands. They are available for ages 11+ years, in various colours and are priced at \$59.00. Please click [here](#) for more information.

Visiting the Uniform Shop

To avoid having too many people in the shop at one time, families are encouraged to purchase on Flexischools and collect from the Uniform Shop window during opening hours.

If your daughter needs to try something on, we are no longer offering appointments, so please wait in the hall until there is a fitting room available.

If you can't order on Flexischools, you may drop in to make purchases for items that do not need to be tried on, like mouth guards, socks, hair accessories, etc.

Holiday Opening Hours 2022

Please refer to the SEQTA Engage Parent Portal for all holiday opening hours.

Last Day of Trading 2022

Thursday 8 December 8.00-9.00am

The shop will then be closed for stock take and the rest of the year.



