

# Life in the Wilderness

Term 3 Issue #3 | Friday 22 September, 2023

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FROM THE PRINCIPAL

## Unity, Teamwork and Joy

**Belinda Arnfield, Principal**

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As we prepare for the October school holiday break, and begin thinking about the end of the year and all of the excitement it brings, we acknowledge that our Year 12s are approaching a very special time in their final year of school. As they look forward to upcoming events such as the Walk of Honour, Valedictory and Speech Night, they are also managing their final academic deadlines and thinking about pathways after school.

For this reason, moments where girls can connect with one another and feel joyful are essential. House and SRC-led events are two key ways that we facilitate these moments throughout the year. Our 2023 SRC Executive of **Allegra Kleinig, Jessica Craig** and **Georgia Brown** hosted the Colour Run, which created a kaleidoscope of colour at the Park Lands. It was a wonderful chance to unify our Middle and Senior cohorts and raise proceeds for Wilderness in Nepal.

The recent Middle and Senior Athletics Carnival was another opportunity for girls to strengthen their relationships beyond the classroom, as they teamed up to compete for their Houses and cheer each other on. Antholiza House were the Overall Winning House, while Cedar took home the Team Events Trophy. Congratulations to everyone who took part, both by earning points and lifting their voices to encourage other girls. The

sportsmanship and House spirit on display is always a highlight.

I am also pleased to report success from our SUBS in Schools teams who recently competed in the state final, first participating in sea trials to test their ROVs (Remotely Operated Vehicles), followed by creating their trade displays at the Royal Adelaide Show.

Wilderness School's participation in this event was more than doubled from the previous year, with eight Year 9 teams electing to take part in 2023. This incredible engagement is testament to the keen interest that our girls show for learning about STEM education and career pathways, which is fostered by our exceptional teaching staff.

Once again, the state champions came from Wilderness School, with the NUKUMI-23 team (**Briege Williams, Sophie Proudman, Lily Harper, Jessica Felstead and Molly Przibilla**) named as overall winners, and collecting certificates for Best Graphic Design and Best Team Verbal Presentation.

In addition, two other Wilderness School teams qualified for the national final. Drebbel Dragons (**Molly Thomson, Evelyn McArdle, Whitney Johns and Isabella Beaumont**) placed third with the Innovation Award, while ORCA-207 (**Tam Do, Elena Reu, Ella Meyer and Ariana Dimovic**) earned five certificates (Best Managed Enterprise, Best Team Portfolio, Outstanding Industry Collaboration, Best Team Marketing and Best Team Trade Display).

Just as our 2022 state champions, Argo-22, went on to win their national final earlier this year, we hope that these representative teams from Wilderness will see the same success at nationals in 2024.

As this is our final newsletter before the school holiday break, I wish all families a restful October break—whether you are staying close to home or venturing far away. Take care, and we will see all girls back on **Monday 16 October** for Term 4.

## Road Safety Update

I wish to remind families about the importance of road safety around our Medindie campus. To ensure the safety of our community, we ask that all drivers please observe the speed limit, and take particular care during busy drop off and pick up times.

Please remind your daughters to be vigilant when crossing Hawkers Road or Northcote Terrace to access the school grounds – to look up from their phones and remove their headphones/ear buds before crossing the road – to avoid distraction from their surroundings and potential danger.

As drivers, please be careful when dropping off and picking up students. We particularly request that parents do not attempt U-turns on Hawkers Road near the School, to prioritise the safety of both pedestrians and other vehicles. We hope that all parents will

model responsible road usage to our students, and show respect and safety to fellow parents, staff and Senior students on the roads.





EARLY LEARNING

## The End of an Era

[Rebecca Williamson, Assistant Head of Junior School – Early Years](#)

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### Father's Day Breakfast

On Tuesday 5 September, we were delighted to host our annual Father's Day Breakfast. There was a relaxed, happy atmosphere at the breakfast and clearly so much love and pride in the eyes of the attendees. The girls presented their dads with beautiful, thoughtful handmade gifts and then treated them to breakfast outside. These events help to create a connected Wilderness community, something to be treasured and continued. It was also, of course, an end of an era, as this was the very last breakfast that we will hold in our current Mamie and Annie Houses.

Events such as these cannot go ahead without our incredible team of educators going above and beyond to make it happen. The gifts were carefully planned, created and organised, and I am so thankful to all the staff (including Maintenance and Catering) who all arrived incredibly early to host this special event.

### Early Childhood Educators' Day

Following the breakfast, we spent the very next day, Wednesday 6 September, expressing gratitude for our educators on Early Childhood Educators' Day. The kind words that were shared with our teams were incredible and so much appreciated. On this day – and every



day – we are thankful for the exceptional partnerships we have with you, our families, as the strength of these benefits the girls enormously.

## RU Okay Day

RU Okay Day on Thursday 14 September was an excellent reminder for all of us to look out for each other. Parenting is a wonderful journey, but certainly not something that is always easy. Whilst I am quite confident that I am not an experienced enough parent yet to be able to impart wisdom, I will always say yes to a coffee if you would like to chat. I can also help to point you in the right direction for any support you need. Our café team makes great coffee, so please do not hesitate to contact me if you this is something that appeals to you.

## Artwork in the Mamie House

Inspired by the work of Frida Kahlo, with incredible guidance and inspiration from the educational team, the Mamie House girls have created an exceptional piece of artwork. They have collaborated to create a piece that has multiple layers and depth, and, quite truly, would rival any piece in a gallery. They intend on entering their artwork in the Walkerville Art Show and we are immensely proud of their achievement. This learning has really brought together the strands of many projects, especially our 'Wonder of Me' and earlier artistic collaborations, and we hope it will inspire several more in the future.

## Transitions

They say that time flies when you are having fun and this is absolutely true for our Annie House girls, who are already starting to prepare for their transition into Reception, which has come around very quickly. Miss Danielle Moir and the team are always asking the question about what is the best way to prepare our girls for Reception, whilst also retaining all that is special and perfect about this moment in the girls' early childhood education. One way Miss Danielle has decided to prepare the girls is by establishing a partnership with the Reception teachers and beginning informal transitions that are focused on connecting the girls with an older friend, who will be important when the girls move into this next phase of learning. Most of all, Miss Danielle says that there really is nothing more comforting than a familiar face in an unfamiliar environment and she hopes to provide this for her girls for next year.

Finally, we would like to thank you for an exceptional term. You have made it! Well done for preparing your daughters beautifully for Book Week, Father's Day, school photos and casual clothes days – that took a lot of planning, and you were all very successful!

We look forward to sending out dates and times soon for the important Term 4 events.

We wish you all a safe and happy holiday next week.









JUNIOR SCHOOL

## Thinking About Citizenship

[Liz McCarthy, Head of Junior School](#)

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It has been a period of time filled with outreach, celebration and acknowledgement of achievement in our Junior School.

Last Thursday 14 September, our Year 5 students held a cake stall for students in Years 2 to 4. The purpose of the stall was to raise money and awareness for Head and Neck Cancer Australia, an organisation chosen due to the close connection that our Wilderness Junior School family has to this cause at present. This further supported the wonderful efforts of old scholars, Ashleigh De Silva (2018) and Christina Karapetis (2018), who were behind the wonderful initiative named 'Run for Bella', a team that participated in the City to Bay fun run on the weekend to raise funds for this same cause. Overall, the team raised an incredible \$21,000—which our Year 5 girls felt understandably proud to have contributed to.

Today, our Citizenship Committee held a casual clothes day to raise funds for our enduring cause, the Bahadure School in Nepal. Girls in ELC to Year 6 were encouraged to wear casual clothes with 'a touch of the 80s' or bright colours in exchange for a gold coin donation. The girls looked fabulous in their brightest and best nostalgic colours!

## National Computer Science School Coding Competition

Students in our Junior School achieved outstanding results in the recent NCSS (National



Computer Science School), a competition designed to begin and then build upon students' skills in computer coding and programming. While all results are highly commendable, of particular note was Year 6 student, **Ariana Ng** who received a perfect score.

Results were as follows:

#### **NCSS Challenge (Beginners) – Year 3 Students**

High Distinction

- **Lily Bolton**
- **Aria Pasin**
- **Mishty Patel**
- **Zara Smit**

Participation

- **Niamh Pudney**

#### **NCSS Challenge (Beginners Python) – Year 6 Students**

High Distinction

- **Lana Huynh**
- **Monica Yao**

Perfect Score

- **Ariana Ng**

### **Miriam Hyde Competition**

Year 6 student, **Jessica Mah**, also achieved outstanding results, being awarded First Prize for the 2023 MTASA (Music Teachers Association of South Australia) Miriam Hyde Competition in the Junior Section (15 years and under). She played three pieces on the

flute across three different periods, with one composition by the awards' namesake and Australian composer, Miriam Hyde herself. Jessica received feedback highlighting her impressive musicality, hard work and talent. Congratulations, Jessica!

## **Year 6 Canberra Educational Tour**

We are excited to farewell our Year 6 girls as they head off for their Canberra Educational Tour on Monday. Heading to our nation's capital for the first time since 2019, the girls will be undertaking a broad range of experiences and visits to important landmarks designed to enhance their learning in the area of democracy and government. I look forward to being able to share details of the tour and subsequent learning in our next Life in the Wilderness publication.

## **Farewell Ms Brockwell**

The end of Term 3 also sees us farewell Ms Lani Brockwell, one of our current Year 3 teachers and Assistant Head of Junior School: R<sup>esources</sup>–Y<sup>ear</sup>6 Curriculum. Lani has been a teacher in our Wilderness community since 2016, when she commenced as a Year 5 teacher. During her time here with us, she has worked across a range of year levels as a Junior School teacher, in the Middle School in English and, notably, as the pilot teacher in our highly successful SUBS in Schools program. Along with her close connections and strong relationships with girls, staff and family alike, Lani has brought a wealth of high-level academic knowledge and expertise across the breadth of her roles at Wilderness. It is this expertise that has seen her successfully win a position as a Literacy Coach for the Department for Education, which she will commence in Term 4. I would like to take this opportunity to thank Lani for her dedication, care and incredibly hard work throughout her time at Wilderness and wish her all the very best as she steps into her new role.

## **Father's Day Breakfast**

Please enjoy some photographs from our Lower Junior School Father's Day breakfast below.

## **Year 1 Outdoor Ed – 'Teddy Bear Adventure Picnic'**

The Year 1 Outdoor Education Day Trip experience, named 'Teddy Bear Adventure Picnic', was held on a beautiful spring day at Morialta. It was a delightful journey into the heart of nature. The enthusiastic girls embarked on a memorable adventure following the whimsical path set by Michael Rosen's 'Going on a bear hunt.' They explored the lush surroundings, crossing babbling streams and venturing up to a 'bear' cave. Along the

way, they were fortunate to spot koalas nestled in eucalyptus trees, a true testament to the rich biodiversity of Morialta. In tune with the natural wonders, the girls also indulged in creative pursuits—crafting intricate nature art pieces using leaves, twigs and colourful flowers they gathered, sharing a Teddy Bear’s picnic and enjoying the adventure playground.

‘We found something fuzzy and something prickly.’ – **Amara Dottin**

‘I loved going on the playground, it was so much fun. There was a snake and we got to climb on stuff with my friends!’ – **Sofia Cho**

‘We went on a bear hunt and my favourite part was going through the river. It was really slippery and so much fun!’ – **Alice Thewlis**

‘I loved listening to the story and going on a bear hunt. It was a little scary going into the bear cave!’ – **Ayra Farukh**

‘I loved going on a bear hunt and going through the splishy, splashy creek!’ – **Ivy Do**

‘My favourite part was playing on the playground with my friends. I loved the big slide!’ – **Evelyn Zhong**

‘We saw a creek and we had to go through it, and we read a story in the cave.’ – **Emma Bolton**

**Brenna Bence and Kate Snell**  
Year 1 Teachers

## **Year 7 2025 Scholarship Applications Now Open**

If your daughter is entering Year 7 in 2025, you may wish to consider the opportunity for her to apply for a Music or Academic Scholarship. For more information, please read through the application details on the School’s [Scholarships](#) page.

Music Scholarship applications close on **Friday 27 October 2023**. Academic Scholarship applications close on **Thursday 18 January 2024**.











MIDDLE SCHOOL

## Well Done to Our Award Winners

[Rhianon Giles, Head of Middle School](#)

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### Year 8 Camp

Safe travels to the Year 8 students who are heading to the Grampians on Sunday morning. They have spent time this week practising how to pitch their tents and a number of other skills they will need when they arrive at Roses Gap. We know they will have an amazing time and look forward to sharing pictures in the next edition of Life in the Wilderness.

### Oliphant Science Awards

The Oliphant Science Awards is an annual competition for South Australian school students that aims to support, encourage and celebrate Science education within South Australian schools. Congratulations to **Nidhi Sinhal** (Year 7), who will be awarded a prize in the Oliphant Science Award Presentations in October.

### Australian Maths Competition

At the start of the term, many of our girls sat the Australian Mathematics Competition. This is a nationwide event that challenges their problem-solving abilities. An impressive



19 Middle School girls achieved a distinction, placing them within the top 20% of all participants. Special mention should be given to **Amber Trappel** (Year 7), **Isabella Nguyen** (Year 8), **Athena Retnaraja** (Year 9) and **Paris Ung** (Year 9), who received the highest marks in their respective year groups.

Congratulations to all girls who took part.

## Bebras Computational Thinking Challenge

Bebras is an international initiative aiming to promote computer science among school students of all ages. The Bebras challenge is open twice a year to Australian students in Years 3 to 12, and engages students' computational thinking and problem solving skills in a fun, interactive environment. Congratulations to the following girls for their achievements in this competition.

Merits – Year 8

- Annika Ganesh
- Sarah Mah
- Manha Abaid
- Bella Pasin
- Saanvi Khanna
- Mihika Kanhere
- Addison Raeside

Credits – Year 7

- Asha Dan
- Miaomiao Zhu
- Lucy Davis
- Yilin (Ella) Gu
- Chenuthi Navartne
- Edie Lydeamore

- Selin Cinar
- Sharon Zhai

#### Credits – Year 8

- Seraphina Sun
- Ava Cabot
- Nora Tariq

#### Distinctions – Year 7

- Nidhi Sinhal
- Emma Clutterham-Smith
- Amber Trappel

#### Distinctions – Year 8

- Poppy Ritchie
- Alexandra Pringle
- Bella Nguyen

#### High Distinctions – Year 7

- Alice Richardson
- Meng-meng Deng
- Sirui Tang.

## Year 9 Drama Production

Please enjoy the photographs below from the Year 9 Drama Production. The girls presented three short Shakespeare performances, performing condensed renditions of Macbeth, A Midsummer Night's Dream and Romeo and Juliet.

## Tournament of Minds

The Year 8 Wilderness Tournament of Minds (TOM) team – comprising of **Ava Cabot, Hannah Elsbury Sun, Saanvi Khanna, Bella Nguyen, Madeline Perry, Seraphina Sun** and **Nora Tariq** – received runners up honour medals for their impressive presentation of women winning the right to vote in Australia in the Social Sciences category.

**Bella Nguyen** reflected on being part of the competition below:

TOM was an enlightening experience that allowed us to collaborate in a team and express our creativity with each other. We also developed our critical thinking skills when solving challenges and were able to grow our friendships and connections.

## Year 8 Wellbeing Program

The 2023 Year 8 Wellbeing Program, 'Permission to Feel', centred on enhancing emotional intelligence skills, targeting five key aspects:

1. recognising emotions in oneself and others
2. understanding the causes and consequences of emotions
3. labelling emotions accurately
4. expressing emotions appropriately
5. regulating emotions effectively.

The purpose of this unit was to develop our girls' critical thinking and social and emotional capabilities so they feel equipped to navigate through the challenges of school and adolescence.

One of this offering's standout features was its emphasis on self-awareness and the notion of our girls being 'Emotion Scientists'. Girls were encouraged to be curious, open-minded and non-judgemental as they were given the opportunity to journal and reflect on



their thoughts and emotions underpinned by the 'Mindful Process' concept. Through various activities and discussions, the girls gained a deeper understanding of emotional cues and micro-expressions, and developed their unique stress signature, to significantly improve their ability to recognise emotions in both themselves and others.

Students were exposed to the art of questioning and provided with a questioning framework to explore the triggers behind their emotional responses and the ripple effects these emotions can have on people's lives. This knowledge empowers them to make more informed choices about how to respond in different situations and how to support and care for others.

Accurate emotion labelling was another crucial aspect of the program. By expanding the girls' emotion vocabulary and giving them the language to describe their feelings precisely, they became better equipped to communicate with peers and adults about their emotional states. This skill promoted healthier and more productive conversations, contributing to a more supportive and empathetic school community.

Expressing emotions appropriately was also a focus, with students learning various strategies for effectively and appropriately conveying their feelings. This is particularly valuable in preventing emotion suppression and emotion leakage, helping to foster open dialogue about emotions, both of which are essential for relationships and overall wellbeing.

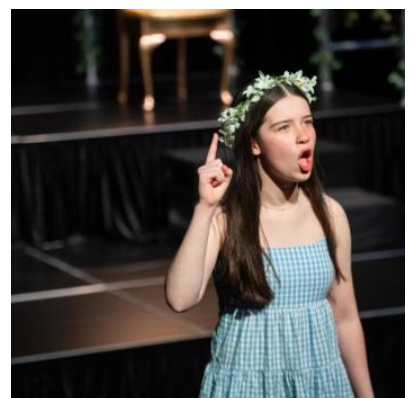
Perhaps the most transformative aspect of the program was its attention to emotion regulation. Students were taught practical techniques to manage and regulate their emotions effectively, culminating in the collaborative design of products emulating an action plan for self-regulation.

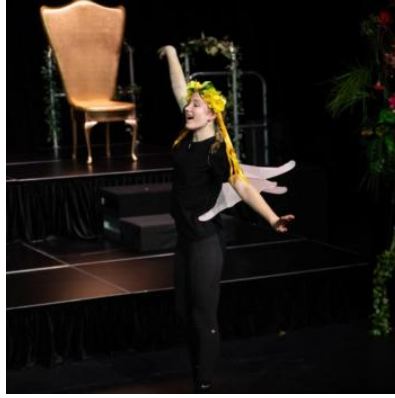
The ripple of this program is illustrated in their co-designed [Year 8 Emotion Charter](#)—a reminder of how their cohort collectively wants to feel in the Wilderness ecosystem and how they can individually make it happen.

### **Andrew Mittiga**

Acting Head of Cedar House/Wellbeing Program Coordinator











SENIOR SCHOOL

## Persistence, Grit and the Importance of Strong Relationships

**Ben Manifold, Head of Senior School**

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As we race towards the end of Term 3, I discussed with the Senior School girls at Assembly about three vital ingredients for success in their academic journeys—these being persistence, grit and the importance of strong relationships with their teachers as the assessment workload increases. For me, this is where our school value of True and Courageous Self comes to the fore.

At this time in the term, the academic challenges can be quite daunting, but it is at this time that persistence is their steadfast companion. It is about refusing to give up, even when the going gets tough. When faced with a number of assessments, girls need to remember that every step they take, no matter how small, is a step closer to their completing their tasks. Persistence is the driving force that will keep them moving forward and ensure they meet deadlines and achieve their desired results.

Linked closely to persistence is grit. Grit is the resilient mindset that propels them through difficulties, setbacks and failures. It is about having the determination and resilience to bounce back, learn from their mistakes and continue striving for excellence. As the assessment workload increases, their ability to endure and maintain focus will lay the foundation for success now and into the future.

Finally, I highlighted that their teachers are not just educators; they are mentors and guides in their academic journey. Building strong relationships with them can be a game-changer. Teachers are there to support each girl, to offer guidance and to provide



additional assistance when needed. That said, open communication and a respectful relationship with their teachers is vital for success.

Service to others through Responsible Citizenship is a key value that underpins Wilderness School. While academic success is important to provide girls with options, what is just as important is what the girls do beyond the gates of Wilderness. I am interested in what girls give back to their community, whether that be at a local, state or national level. Engaging in community service provides girls with the opportunity to become active members of their community and has a lasting, positive impact on society at large.

Each Tuesday afternoon, I love watching the interactions between Year 11 girls and young students as a part of the 'Fun in the Wilderness Foster Care program' from my office window. The Year 11 girls each week provide a two-hour session of different activities for foster children with Anglicare.

The Year 11 girls selected to be involved in the SONY Camp in the Term 3 holidays met recently at St Peter's College to undertake training for this program. The camp provides respite care for 16 students with special needs for three days to give their families a break from the rigors of 24-hour care. Experiences like the SONY Camp are life changing for all students and staff involved. It is these opportunities that reinforce the importance of service and a willingness to help those less fortunate.

The newly elected SRC spent last Monday with Mrs Belinda Arnfield, myself and their staff mentors planning for 2024. The day focused on their personal leadership journeys and the planning of key events for the year ahead. The opportunity to spend time with the outgoing SRC is an important part of this program, to ensure that the girls are ready to take over the reins at the start of Term 4 this year. What was stressed to the girls is the importance of service and taking others on the journey with them to make a difference and leave the Wilderness community better because of their actions and endeavours.

## Australian Mathematics Competition

At the start of the term, many of our girls sat the Australian Mathematics Competition. This is a nationwide event that challenges their problem-solving abilities. An impressive 13 Senior School girls achieved a distinction, placing them within the top 20% of all participants. Special mention should be given to **Sophia Cheng** (Year 12), **Janudi Premadasa** (Year 11) and **Sherri Shi** (Year 10), who received the highest marks in their respective year groups.

Congratulations to all girls who took part.



BOARDING

## International Boarders' Trip to Melbourne

[Renee Coventry, Head of Boarding](#)

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Over the exeat weekend, our international boarders enjoyed a special trip to Melbourne. Three of these girls, who are currently in Year 12, have had limited opportunity to travel during their time in Australia, due to the restrictions that arose with the COVID-19 pandemic. This short trip to Melbourne over the long weekend was a wonderful opportunity for our international girls to experience more of our spectacular country. Special thanks to the Boarding staff, Ms Vivian Han and Miss Amanda MacLachlan, who accompanied the girls on this trip.

### Getting Creative

We were pleased to welcome Clare Valley artist, Holly Geyer back to the Boarding House for a casual collaborative art workshop one Sunday afternoon. Throughout the afternoon, the boarders who came to join Holly got creative with colours, creating layers, drips, shapes and patterns that came together to make two delightful paintings that will decorate the walls of our Boarding House.

The first painting is one that is a constant discovery of something new. With each view it unveils a new image, representation or pattern. We titled it 'inimitable'—something that is special or so unique, it is impossible to duplicate. The second piece is a beautiful natural-toned artwork that focuses on the patterns and rhythms of our land, its flora and fauna.

These paintings will remain in the Boarding House so that boarders can admire them for years to come. The boarders who contributed will be acknowledged and have their names recorded on the paintings.

Our sewing room continues to host many visitors throughout the week. Housemother, Chris has been busily creating a range of new and simple sewing projects for girls to try. Most recently, girls have been making reusable make-up removers, tote bags, keyring bands, placemats, fabric baskets and the ever-popular heat packs. We have been delighted to see the creativity and enthusiasm that has extended from this initiative.

## Year 5 Visit

I was pleased to welcome 48 Year 5 girls to the Boarding House for a brief tour. The Year 5 girls were curious about the space and interested to know why girls would stay at school and what they did on the weekends. The visit was eye-opening for our younger day students as many of them did not know what it meant to be a boarder prior to their visit.





SPORT

## Four Seasons in One Day!

[Ashleigh Young, Director of Sport and Recreation](#)

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The annual Middle and Senior School Athletics Carnival was held on Friday 8 September at the SA Athletics Stadium. The weather produced four seasons in one day, but this did not deter the girls and some excellent athletic prowess was on show. Congratulations to Antholiza who won the Selsey Shield for the overall winning House. A full list of results is below.

### Selsey Shield – Overall Winning House

1. Antholiza (7600 points)
2. Amaryllis (6795 points)
3. Cedar (6378 points)
4. Carob (6114 points)
5. Sparaxis (4473 points)

### Team Events Trophy

- Cedar (1035 points)



### Centenary Cup – Highest Aggregate Points (shared)

- **Mia Cardone** (Year 12) and **Ella Meyer** (Year 9), 300 points

### Trophy Event Winners

- Fastest 1500m (McDonald/Kljajic Cup): **Sasha Hardin** (Year 11), 5:45.18
- Open 100m (Irwin Cup): **Jasmin Thirlwell** (Year 11), 13.51
- Year 7, 8, 9 100m (Lowry Cup): **Linah Kafagy** (Year 7), 14.62
- Year 10, 11, 12 800m (Mary Steven Cup): **Sasha Hardin** (Year 11), 2:49.77
- Year 7, 8, 9 Hurdles (Geschmay Cup): **Isabella Beaumont** (Year 9), 15.87
- Year 10, 11, 12 Hurdles (Heggie Cup): **Rosie Lioulios** (Year 11), 15.56
- Year 7, 8, 9 Javelin (Field Cup): **Lily Nicholls** (Year 9), 15.86m
- Overall High Jumper (Hayward Cup): **Sienna Brown** (Year 11)
- Field Events – Best 5 (Longbottom Cup): **Anelise Roos** (Year 12)
- Year 7, 8, 9 Walk (Isabel Lucas Cup): **Madison Tait** (Year 8), 10:25.97
- Year 10, 11, 12 Walk (Badenoch Trophy): **Lillian Maerschel** (Year 12), 13:14.09
- Year 10, 11, 12 Flag Relay (Harvey Cup): Year 11 Carob
- Year 10, 11, 12 4x100m (Russell Cup): Year 11 Antholiza, 58.96
- Boarders versus Day Girls Race (Pearce Trophy): Day girls

### Championship Results

#### Year 7

1. Thurgood Cup – **Linah Kafagy** (294 points)
2. Certificate – **Ezije Nwachuku** (292 points)
3. Certificate – **Matilda Kennedy** (252 points)

#### Year 8

1. Reece Cup – **Margot Tembel** (249 points)
2. Certificate – **Liliana Tsonis** (233 points)
3. Certificate – **Sophie Cardone** (231 points)

#### Year 9

1. Viner-Smith Cup – **Ella Meyer** (300 points)
2. Certificate – **Caitlin Hardin** (284 points)
3. Certificate – **Iris Newman** (268 points)

#### Year 10

1. Adler Cup (shared) – **Imogen Hawker** and **Bella Browning** (288 points)
2. Certificate – **Jade McAskill** (268 points)

#### Year 11

1. Walsh Cup – **Rosie Lioulos** (290 points)
2. Certificate – **Sophia Tayeb** (264 points)
3. Certificate – **Jasmine Thirlwell** (247 points)

#### Year 12

1. Fischer Cup – **Mia Cardone** (300 points)
2. Certificate – **Anelise Roos** (278 points)
3. Certificate – **Charlie Bower** (247 points)

## Winter IGSSA (Independent Girls School Sport Association) Grand Final Results

At the end of their respective seasons, Wilderness had five teams win their way into grand finals: the Middle A and Division 1 soccer teams, the 9A and Senior A netball teams and the Senior B hockey team. All the fixtures were played in great competitive spirit. Our Division 1 Soccer team were victorious over Seymour College with a final score of 2-0, which capped off their undefeated season. Senior B Hockey also won their grand final in a tight tussle with Scotch College, with the final score being 3-1. Well done to all teams for their successful winter seasons.

## Lacrosse

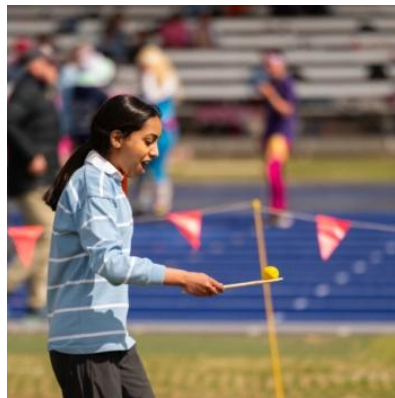
Congratulations to Year 10 students **Diya Anup Kumar, Isabel Jackson, Chloe Arblaster, Lucia Andrae** and **Layla Woodall** who played for the Woodville U18 Lacrosse team that defeated Glenelg on Saturday 16 September to become Under 18 Premiers!

## Individual Achievements

The below girls have been selected to represent South Australia in their respective sports this term. These are fantastic achievements—well done girls!

- **Charlie Bower** (Year 12): School Sport SA 18 years old and under girls soccer team
- **Beatrice Sutton** (Year 7): School Sport SA 12 years old and under girls touch football team
- **Bella Browning** (Year 10): School Sport SA 15 years old and under girls touch football team
- **Fleur Croser** (Year 8): School Sport SA 15 years old and under girls touch football team
- **Isabella Beaumont** (Year 9): School Sport SA 13-19 years old state swimming team
- **Charlise Green** (Year 9): School Sport SA 13-19 years old state swimming team
- **Lara Wu** (Year 6): School Sport SA 12 years old and under girls tennis team.

If you have an individual state or national achievement that you would like to be recognised, please email the [sports department](#).





















MUSIC

## The Annual Showcase of Music and More!

[Anna Lenartowicz, Head of Music](#)

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The capabilities of our students amaze me every day. This term, I have witnessed our girls take part in band, string and piano competitions and perform together on a huge stage at the most amazing standard. I am incredibly proud and privileged to help support the girls in their learning journeys, and that these girls want to have music in their lives. This is a privilege that I will never stop being grateful for.

As Term 3 draws to a close, and we commence the musical madness of the Term 4 and the Christmas period, we must acknowledge and congratulate the following:

- **All 204 students** who participated in the Annual Showcase of Music on Thursday 31 August—taking place for the first time at the Adelaide Town Hall, the evening was a huge success (see below for a write up from Year 12 student, **Eva Barrett**)
- **Concert Band** – received a Gold award and were crowned outright winners for the second consecutive year in the Intermediate section at the ABODA festival
- **Symphonic Band** – received a Gold award in the Intermediate Band Plus section at ABODA
- **Junior Band** – received a Silver award at ABODA
- **Big Band Two** – received a Silver award at ABODA

- **Senior String Orchestra** – received a Silver award at ABODA
- **Intermediate String Orchestra** – received a Silver award at ABODA
- **Lara Wu** (Year 6) – won the prestigious Gwen Robinson Piano competition, against 16 highly talented students who all performed beautifully, displaying an extremely high level of musicality (congratulations to all the girls who played)
- **Combined String Quartets** – won Section S803 (Year 12 and under Senior String Ensemble) in the Adelaide Eisteddfod on Thursday 10 August.
- **Yilin Ella Gu** (Year 7) – Ella is a highly talented musician, playing piano, violin and flute, and she took part in various sections of the Adelaide Eisteddfod Season. Ella received numerous honourable mentions, as well as silver and bronze awards, and also achieved a Gold medal in Section P224 (Own Choice two contrasting pieces Piano Solo, 14 years and under). Ella received high praise from all of the adjudicators for her impressive energy and reliable clarity, accuracy and attention to all the expressive details.

Recently, **Jessica Mah** (Year 6) was awarded First Prize for the 2023 MTASA (Music Teachers Association SA) Miriam Hyde Competition (Junior section for 15 years old and under), where she played three pieces on flute from three different periods, with one composition from Miriam Hyde (Australian composer). The competition was highly competitive against mostly pianists and one violinist. Jessica was also the second youngest entrant. This award follows two previous first places in this year's Eisteddfod season—well done, Jess!

## Annual Showcase of Music – 'Stage and Screen'

On Thursday 31 August, the Annual Showcase of Music was held in the Adelaide Town Hall. This was the first time that we have used this venue, and it was incredibly special to perform in this beautiful space. We were honoured to have such a large audience of parents, friends and Wilderness staff.

The concert began with the Symphonic Band, conducted by Ms Cassie Pope, playing the theme from The Incredibles and continued with fantastic performances from band, string and choral ensembles. Eighteen ensembles performed, with favourites being the Junior Dreamers performing a rousing rendition of 'Revolting Children' from the hit musical Matilda, and the Year 12 Band performing 'The Eye of the Tiger' from Rocky III. It was fantastic to have students from Prince Alfred College joining Wilderness for the debut performance of the new collaborative choir—PWC Vocal. The finale was a highlight of

the night, featuring all the choirs as well as a band and string orchestra comprising staff and students performing a medley of songs from The Wizard of Oz.

To put on an event of this magnitude is a huge effort, and I would like to express my sincere gratitude to all of the Music staff and ensemble directors for their hard work. I would particularly like to thank Ms Anna Lenartowicz for her tireless efforts in making this amazing event possible.

**Eva Barrett**

2023 SRC Music Representative

## Rotary Concert

On the sunny Sunday 10 September, the Rotary Club of Walkerville once again invited a selection of Wilderness School's smaller ensembles to perform at one of its Sunday Afternoon Concerts at the Walkerville Town Hall. This has been a long held annual tradition between Wilderness School and Walkerville Rotary Club, spanning many years. Not only do we enjoy the ability to perform before a live audience, but afterwards we are always treated to the most charming afternoon tea. The Rotary Club's hospitality and welcome are second to none.

The pieces performed by our ensembles were wide ranging in genres and styles, including the Hogan's Heroes theme (Clarinet Ensemble), 'Can't Take My Eyes Off Of You' by Frankie Valli (Combined Wind Ensemble), a medley from The Pirates of the Caribbean and Lady Gaga's Poker Face. It is events like these which have one realise just how fortunate we are to be part of a school with such a generous and rich Music department.

It is a special opportunity to perform to an independent audience, while at the same time being of service to the community, fundraising for Rotary and building stronger bonds between ensemble members and across the Music department. A big thank you to Ms Vanessa Abela (Instrumental/Ensemble Coordinator) for her work in organising this event and to all of our directors—Mrs Mary Waterhouse, Miss Karen Fletcher and Mr George Klironomos.

**Elena Tsamaidis**

2024 SRC Music Representative









GLOBAL LEARNING

## UN Youth Events

[Stephanie Andrews, Head of Global Learning](#)

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Over the past two terms, Wilderness students have participated in a number of United Nations (UN) Youth Events, including the Model UN (known as the EVATT competition) and the UN Youth Young Leaders Summit on Sustainability. The activities broadened students' understanding of the world around them and how diplomacy works in different scenarios.

Several students were successful in reaching the semi finals of the EVATT competition, with Year 11 students **Natasha Lippett** and **Lucy Lydeamore** reaching the final. Congratulations to all girls!

### EVATT Competition

In July, we were fortunate enough to get through to the South Australian EVATT Model UN grand final. This competition is organised by UN Youth South Australia, and asks students to take on the role of diplomats representing a country on the United Nations Security Council. In our pair, we represented China during the preliminary round, Ecuador in the semi final and Brazil in the grand final, during which we worked together to write speeches and negotiate with other countries to solve real world problems and resolve potential conflicts. Unlike a regular debate, Model UN brings together between 10 to 15 pairs of students to debate a proposed resolution by adding, striking and editing amendments to favour your country's agenda.



This competition required us to take on different perspectives as we encountered conflicting interests and ideas, and challenged us to think in new ways. We also enjoyed creating new bonds with the people we met from across the state. Next year, we hope to go all the way to the nationals round. We also encourage other students to give EVATT and other UN Youth events a go!

**Natasha Lippett and Lucy Lydeamore**

Year 11

## **UN Youth Young Leaders Summit: Sustainability**

Participating in the UN Sustainability Summit was an extraordinary experience that provided us with invaluable insights into the future of sustainable living.

Through a series of guest speakers from the universities, government and private sector, we were introduced to new methods of being sustainable through the usage of technology, from mapping trees to managing light, air and water pollution. The lectures highlighted the pressing issues surrounding our climate and what we can do, both individually and as a community. The lectures also highlighted the remarkable progress made due to the development of technology.

Beyond the educational aspect, the summit fostered a sense of community through group activities, enriching our understanding of sustainable practices and potential solutions. At the end of these group discussions, we realised that every contribution, no matter how small, has the potential to drive positive change.

We also had the opportunity to participate in diplomatic scenarios where we had to take the position of different stakeholders to provide a solution to a real world crisis related to sustainability in the natural environment.

This experience has enhanced and strengthened our motivation to proactively work towards improving our community and environment. The UN Youth Sustainability Summit was definitely a worthwhile experience that everyone should participate in.

**Emily Nguyen and Niya Singhal**

Year 10

**Stephanie Andrews**

Head of Global Learning

[Photographs are courtesy of UN Youth SA.]





Caroline Palmer, Careers Counsellor

Year 11



## Careers in STEM Event

On Monday 18 September, Year 11 students **Zara Emery, Eleni Papagiannis, Siyeon Kim, Rosie Lioulis** and I, with Mrs Caroline Palmer, attended a 'Women in STEM' event at Loreto College. This was an engaging experience where we learned about the benefits of Women working in STEM roles. We were able to listen to the experiences of six panel members: Elena Casiano, IT/Software Engineer (Loreto College old scholar); Rachael Zeuner, Engineer (St Dominic's Priory College old scholar); Dr Eva Balan-Vnuk, Chief Information Officer SA Government (St Aloysius College old scholars); Shannon LeBlanc, Clinical Geneticist (Seymour College old scholar); and two Wilderness old scholars—Susie Greco, final year Civil Engineering student, and Sophie Dolling, Scientist in Residence at St Peter's Girls School. What became apparent were facts about how male-dominated the STEM industry currently is and what we can do to change these statistics, issues of gender inequality in STEM roles and how we can work towards changing stereotypes.

**Victoria Phan**

Year 11

## UTAS – University of Tasmania

- [Virtual Tour](#)
- [2024 Course Brochures](#)

## Flinders University Equal Consideration Dates

The information below applies to Year 12 students applying for competitive courses at Flinders University. Students must check the SATAC (South Australian Tertiary Admissions Centre) website to see if a change of preference after **Friday 1 December** will result in non-equal consideration, as there is a difference between Equal Consideration and Change of Preference and their various dates, which is explained on the SATAC website. There are a dozen or so Flinders competitive courses that are affected by the Equal Consideration date and changing the order of SATAC preferences after this date, which results in a 'shuffle-block'. All courses should be flagged accordingly on the SATAC website.

Some of the courses impacted are:

- Bachelor of Nutrition and Dietetics

- Bachelor of Speech Pathology
- Bachelor of Midwifery (Pre-Registration)
- Bachelor of Clinical Science/Doctor of Medicine
- Bachelor of Health Sciences/Master of Physiotherapy
- Bachelor of Health Sciences/Master of Occupational Therapy
- Bachelor of Medical Sciences (Vision Science)/Master of Optometry
- Bachelor of Exercise Science
- Bachelor of Exercise Science/Master of Clinical Exercise Physiology
- Bachelor of Paramedic Science
- Bachelor of Human Nutrition
- Bachelor of Human Nutrition combined with Bachelor of Exercise Science.

If SATAC preferences are changed (after the Equal Consideration date), student (SATAC) status should automatically turn to 'ineligible'. At this point, students must immediately send an [email](#) (or, in the first instance, simply telephone them for advice) with all details (pertaining to the preference swap) and they will then be individually assessed on a case-by-case basis by Admissions as to the state of their application.

## Flinders University

- [Festival Plaza 2024](#)
- [Pathways into Flinders University courses from 2024](#)

## University of Sydney – Indigenous Australian Engineering School (IAES)

IAES offers:

- a fully sponsored week-long program where attendees can explore various engineering fields
- site visits and cultural activities

- networking with industry professionals
- recreational fun on Sydney Harbour.

First Nations high school students in Years 10-12 in 2024 are eligible for the program from **Sunday 14 January to Saturday 20 January** at the University of Sydney Camperdown Campus.

The IAES offers First Nations high school students the opportunity to come to Sydney and explore study and work opportunities within various fields of engineering. All costs including activities, accommodation, flights and meals are fully funded by Engineering Aid Australia and the University of Sydney. [Online applications](#) must be submitted by **Friday 20 October 2023**.

**Prior to submitting the online application form, please ensure your daughter has prepared the following:**

- a current passport-sized colour photo of the student
- her school's letter of recommendation or letter of support
- her latest school results (half-yearly marks/grades are fine if she does not have an end-of-year report before the closing date)
- a copy of student photo ID, such as a passport, driver's licence, student card or proof-of-age card
- confirmation of Aboriginal and/or Torres Strait Islander descent (only signature declaration is required at this stage, but if the student's application is selected, she will need to provide document confirmation).

**The student will also need to prepare responses to the following questions:**

1. What are your strongest subjects at school and why?
2. Why are you interested in engineering?
3. What do you hope to get out of the Indigenous Australian Engineering School?
4. Please provide some information on your Aboriginal and/or Torres Strait Islander background.



5. Do you have any other interests and hobbies?

Applicants will be notified of the outcome of their application in mid-November 2023.

Apply [here](#).

## University of Sunshine Coast

**Marine Science** is now available as a major within the Bachelor of Recreation and Outdoor Environmental Studies program, designed to engage people in nature and encourage an active lifestyle.

When combined as a double degree with a Bachelor of Education (Secondary), this program qualifies students to become a Years 7-12 teacher in Marine Science, as well as another teaching area, increasing their employability and varying their skillset.

Featuring more fieldwork and expeditions, the Marine Science major complements the Recreation and Outdoor Environmental Studies program, which already includes 25 days of outdoor environmental studies fieldwork, creating a rich, immersive and unique learning experience.

## Royal Veterinary School Edinburgh

[Learn more here](#).

## International Young Researchers' Conference (IYRC) 2023-2024

**Winter (Northern Hemisphere) programs for students:** Teams from Columbia University, Vagelos College of Physicians and Surgeons, University of Tokyo and Stanford University invite students to connect, share ideas and learn about Medicine, STEM and Research under the mentorship of physicians, researchers, medical students and college students from partner organisations. The winter program is scheduled to run from **Saturday 16 December 2023 to Saturday 6 January 2024**. Apply [here](#).

**Fall Conference 2023:** There is a virtual option on **Saturday 25 November**, and an in-person option at the University of Tokyo, Japan on **Saturday 23 December**. Students can submit their project by **Sunday 24 September** [here](#).

**Medicine and Research 'Summer' Program 2024:** This is an annual virtual summer program. Applications open in November. Learn more about the program [here](#).

## Careers in Business Intelligence

What are Business Intelligence Analysts? Business analysts use data to help companies spot trends in sales to predict what customers want next. These analysts turn raw numbers into valuable strategies. What skills and strengths are needed? Curiosity and eagerness to dig deeper into data, as well as strong analytical skills to break down complex information, a knack for problem-solving and a love for technology. Communication is key because they need to explain things in simple terms. For pathways, your daughter might go to university to study a degree such as data science, computer science or business with a focus on analytics. VET courses in IT and data analysis are also a step in the right direction.

## Scholarship: WiseTech's 2024 Earn and Learn Program

Year 12 students can access scholarship opportunities to supercharge their career in technology while gaining access to world-leading education coursework and experts.

**What's involved:** The [Wisetech](#) Earn and Learn program is run in collaboration with the University of Technology Sydney (UTS) Bachelor of Computer Science and Industry Degree Academy (IDeA).

**Who should apply?** Students who:

- are highly curious
- love coding
- thrive when faced with new and different problems every day
- work well with other like-minded people.

[Applications close](#) Saturday 11 November.

## Careers in Economics

The '[Ask an Economist video series](#)' has just been launched by the Reserve Bank of Australia. The series features a group of young economists sharing their thoughts on questions commonly asked by students about careers in economics and the benefits of studying it. The series consists of 15 videos on topics including:

- What is economics and why study it?

- The future of work
- Why is economics relevant to young people today?
- What jobs can you do if you study economics?
- What is the best thing about a career in economics?
- What is one project you have enjoyed working on?
- What is your advice to someone interested in studying economics?
- If economics was an Olympic sport, what would it be?
- What key concepts do you use in your daily life?
- Young economists sharing their study and career paths.

## Careers in Cybersecurity

A cybersecurity specialist is someone who helps protect computer systems, networks and data from cyber threats like hacking, viruses and cyber-attacks. They use their knowledge of computer systems and software to identify vulnerabilities and weaknesses in security protocols and develop strategies to prevent cyber-attacks from occurring. Cybersecurity specialists work in a variety of workplaces, from government and large corporations to small businesses and non-profits. They use specialised software and tools to monitor network activity and detect potential threats. They typically work closely with other IT professionals to ensure that systems are secure and up to date.

Microsoft and Year13 have teamed up to offer students an immersive [Virtual Job Experience](#) so they can learn more about the dynamic field of cyber security and find out if it is right for them. Over the course of the interactive module, they will:

- meet a cybersecurity specialist, who will share their knowledge and experiences in the industry
- learn about a day in the life of a cybersecurity specialist, gaining insights into their routines, skills and responsibilities
- develop an understanding of the typical tasks these professionals perform and engage further with interactive activities
- discover training and educational pathways that can lead them to their dream cyber security role.



## Round Square

Learn more about the [gap year opportunity](#) for students from Take Action Lab.

## AFL SportsReady Traineeships – Opportunities in 2024

AFL SportsReady are currently working with host employers to create exciting traineeship roles for 2024 in areas such as sport, education support, business administration, IT and more. They have created a general online application form for current Year 12 students, to register their interest for [a 2024 traineeship](#).

AFL SportsReady will advertise a range of traineeship roles as they become available.

Right now, some of their current advertised positions include:

- [First Nation Community Cricket Trainee at South Australian Cricket Association](#)
- [Community Program Trainee at Port Adelaide Football Club.](#)







UNIFORM SHOP

## Wednesday Uniform Shop Hours Change

[Meredith Olsson, Uniform Shop Manager](#)

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Please be aware that the Wilderness Uniform Shop will only be open from 3.00pm to 4.30pm on **Wednesday 27 September 2023**. Opening hours for the Monday, Tuesday and Thursday will be as usual.

### Opening Hours Week 10

- Monday: 8.00am – 9.00am
- Tuesday: 8.00am – 9.00am and 3.00pm – 4.30pm
- Wednesday: 3.00pm – 4.30pm
- Thursday: 8.00am – 9.00am



