

# Life in the Wilderness

Term 3 Issue #3 | Friday 2 September, 2022

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FROM THE PRINCIPAL

## Please Welcome the 2023 SRC Executive

[Belinda Arnfield, Principal](#)

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A long held Wilderness School tradition, in the latter part of Term 3, is the process our girls undertake to select their Year 11 peers who will represent each and every Wilderness girl next year as a senior leader of the School.

I am pleased to introduce **Allegra Kleinig** (President), **Jessica Craig** (Vice-President) and **Georgia Brown** (Secretary) as the 2023 Student Representative Council (SRC) Executive. I know these girls will be exemplary leaders who will proudly represent our school. Snapshots from their election speeches demonstrate a focus on teamwork, creativity and a desire to elevate student voices:

“Teamwork is vital; just look to our school founders. They were family, there is no greater team than that, although we vie for a close second. So, when our cohort embarks on the leadership journey next year, I want to instil this idea of teamwork in all we do.” – **Allegra**

“The SRC this year has done an outstanding job using their creativity to plan and execute new events and initiatives, and if elected, I would try my

hardest to use this skill of mine to make our last year together as enjoyable as possible, at the same time as being inclusive to all the younger year levels.” – **Jessica**

“I’ve been walking in and out of these gates for the last 14 years, and I truly cannot express how much passion I have for this School. A passion to advocate for all people in the Wilderness community, a passion to listen to the thoughts and feelings of students and peers, a passion to be courageous and think for this School with an innovative mindset.” – **Georgia**

As our current SRC Executive prepares to ‘pass the baton’, I take this opportunity to highlight the exceptional leadership of **Amolika Bhatia** (President), **Harriet Craig** (Vice-President) and **Eliza Corbin** (Secretary), who have displayed unwavering dedication, thoughtfulness and professionalism in their roles. They have been outstanding role models who embody exactly what it means to be a Wilderness girl, particularly through their selfless service to others.

The 2022 student leaders were committed to three areas of importance for their peers, ‘Appreciation, Ambition and Adventure’, and through their initiatives, they have promoted a culture of gratitude, kindness, effort, courage and joy.

Amolika, Harriet and Eliza developed and harnessed connections between the Junior, Middle and Senior School leadership teams; this was one of many achievements during their tenure. It has been a pleasure to witness each of these girls actively cultivate their leadership qualities, which will leave a lasting impact on our community.

I also wish to acknowledge all girls who fulfilled 2022 leadership roles, as well as the supportive Year 12 cohort who demonstrated strong leadership in the School, without titles.

In 2023 we welcome and congratulate the following girls elected as House Captains and SRC Representatives:

- Amaryllis House Captains: Amelia (Millie) Gosse and Jemima Langley
- Antholiza House Captains: Millie MacLachlan and Jessica (Jess) Truman
- Carob House Captains: Mia Cardone and Eliza Quick
- Cedar House Captains: Sienna Grech and Mia Heywood-Smith

- Sparaxis House Captains: Madeleine Ellis and Molly Simpson
- Boarding House Captains: Evie Basham and Amelia (Milly) Shepherd
- Careers Representative: Hannah Claughton
- Round Square Representative: Claudia John
- International Representative: Wenquin (Jennifer) Zhao
- Library Representative: Brianna Maddison
- Media and Magazine Representative: Elizabeth Parkinson
- Music Representative: Eva Barrett
- Sports Representative: Charlie Bower
- Student Foundation Representative: Lily Craig
- Year 12 Representative: Mariah Zikos.

I look forward to each one of these girls developing their leadership identity further next year, as they work in partnership with students from all year levels.









EARLY LEARNING

## Science and Storytelling

**Rebecca Williamson, Assistant Head of Junior School – Early Years**

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Our ELC girls have exemplified the School Values of Adventurous Learning and A True and Courageous Self as they explored Science Week and Book Week over the past two weeks.

Science Week was especially engaging, and the philosophy underpinning the selection of the activities perfectly aligned with that of our Middle and Senior School Science, which is to inspire a love of science in our girls. Not only did the girls love the experiments, but it was also exciting to see them transfer this learning into their play.

Many Annie girls have been observed experimenting in various ways with the creation of rainbows, while many Mamie girls have been exploring the concept of floating and sinking with everyday objects in the playground and sandpit. This learning was also supported by Dr Annabel Stevenson's visit to share her knowledge as a dermatologist regarding the importance of, and ways to be, sun smart. The girls learned a lot from this visit and were pleased to take their new knowledge and a bag of products home to share with their families. Additionally, to inspire an interest in engineering, the Annie girls were incredibly lucky to have chemical engineer, Felicity Jewis, show them how to make concrete. Not only are these women amazing scientists, but they are also Annie mums.

Book Week was another exciting week in our calendar. Thank you, parents, for your outstanding efforts in dressing your daughters for the Book Week Parade. The girls embraced their costumes and brought the book characters to life. Whilst the girls



engaged in numerous special Book Week activities, the parade was undoubtedly the most exciting event. The girls were so brave and confident as they paraded around in their costumes.

Thank you to the educators for your enthusiasm and photography on the day—the photos mean so much. Also inspiring the girls throughout the week with their love of stories were our School Principal, Mrs Belinda Arnfield, and author/Wilderness parent, Thomasina Williams. Having them both read to the girls was such a treat and much appreciated.

After two such wonderful, fun-filled weeks, we are now looking forward to our Father's Day Breakfast on **Tuesday 6 September** from 8.00am to 8.30am. We wish our Wildy dads a wonderful day.









JUNIOR SCHOOL

## Celebrating Children's Book Week 2022

[Liz McCarthy, Head of Junior School](#)

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Since 1945, the Children's Book Council of Australia (CBCA) has hosted Children's Book Week, inviting us this year to explore the idea that reading is 'dreaming with your eyes open'. We can dream ourselves into a book we are reading or dare to dream and be inspired by the characters, situations and real people we read about.

In the lead up to Book Week, ELC to Year 3 girls explored the Book of the Year: Early Childhood shortlist and voted for their favourite. The judges chose *Jetty Jumping* by Andrea Rowe as their winner, while we chose *Walk of the Whales* by Nick Bland by a narrow margin. Year 4 to Year 6 girls examined the Picture Book of the Year shortlist before voting. The official winner was *Iceberg* by Claire Saxby and we decisively voted for *Stellarphant* by James Foley. For the first time, the CBCA ran a shadow judging 'Sun Project', giving student panels an opportunity to use the same criteria as the official judges to vote for winning books. Interestingly, our winners reflected the decisions of these panels.

A range of activities has been enjoyed by buddy classes over the last week, including swimming whales, articulated jetty jumpers, curious birds, rockets, a suitcase of joy and (this week) standing cats. In Library lessons, girls gave themselves bubble beards and hair, became jetty jumpers and designed spacesuits to join the Stellarphant Aerospace Agency. At lunchtimes, we filled dream jars, hunted for and created butterflies and shared about the Grandmas we love. We also revealed the winners of the 'Design a dress for Alice-in-Wonderland' competition conducted by the Library Committee and these are



now on display in the Library.

Our girls are convinced that Book Week is 'the parade' and it is always a delight and honour to invite them to display their imaginations and secret identities with costumes inspired by books. We appreciated the opportunity to have a wonderful audience of parents, including the brave souls who took on my challenge and dressed up too!

I would like to acknowledge the incredible support of our school Principal, Mrs Belinda Arnfield and Head of Junior School, Ms Liz McCarthy (an elegant and joyful Mary Poppins), Head of the Library Mrs Emma Phillips and our magnificent Library, Early Learning Centre and Junior School staff for placing reading at the heart of our school throughout the year.

**Katie Silva**

Teacher - Librarian

## Zoo Snooze

The Year 2 classes had the opportunity to have a sleepover at the Adelaide Zoo for their Zoo Snooze. The sleepovers were held on Friday after school in Week 4 and Week 5.

After arriving and getting familiar with the rules and the room, the girls played some fun games and then got ready for dinner.

Dinner was a barbecue and salad, followed by ice creams with sprinkles! This set the girls up for their exciting, but a bit scary, night walk around the zoo. We got to see many different animals roaming in their enclosures, including the binturong and the fennec fox.

Next, it was time to set up our beds and settle down for a movie. Some of the girls fell asleep during the movie and the rest followed suit soon after—way later than their usual bedtime!

In the morning, we quickly packed up our sleeping bags and mattresses. Then we had breakfast, followed by a morning walk visiting some of the animals we had missed the night before.

The Year 2 girls can feel very proud of themselves for managing their very first overnight school adventure with such confidence.

**Lauren Walker**

Head of Outdoor Education











MIDDLE SCHOOL

## Thumbs Up for Wellbeing

[Rhianon Giles, Acting Head of Middle School](#)

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### Year 8 Wellbeing Program

The Year 8 Wilderness Wellbeing Program, named by students as 'A Wild Life', is an evidence-based 8-week program that covers contemporary issues impacting our young people. The program highlights wellbeing as a conceptual interconnected framework, making it accessible for our Year 8 students. Covering a broad range of wellbeing concepts – such as perfectionism, helpful and balanced thinking, resilience and gratitude – this program provides our Year 8 Girls with important social and emotional skills and equips them to take on the myriad of social, emotional and academic life challenges.

At the start of this program, Year 8 students ideated around an 'Emotional Charter'. The idea behind a school (or family) charter is inspired by Professor Marc Brakett, Founding Director of the Yale Centre for Emotional Intelligence. It includes a list of commitments that everyone in the Year 8 cohort will make to one another to create a warm, connected and safe school environment, by asking two simple questions: "how do we want to feel as a family?" and "what we can we do to experience these feelings as often as possible?"

Here are some reflections from Year 8 students about the program:

In the Year 8 Wellbeing Program, we have looked at stress and how there is good stress and how when you are stressed for too long it can have

negative consequences on your wellbeing. I connect to this topic because it is something that I go through. If I have many tests in a row it can stress me out and I can get things like stress headaches and lose sleep. I have learned that stress can be good if we give ourselves time to rest so that we are able to grow. - **Zara Hill**

The Year 8 Wellbeing program has helped me realise how it is so important not to judge your emotions and feelings as they are all important. It has also made me recognise that I am only in Year 8, so I all need to concentrate on my general wellbeing in addition to my grades. - **Isabel Flowers**

In the Wellbeing Program, our main learnings have been about emotions, stress and wellbeing. We learned to understand emotions, how they affect us and the personal indicators of emotions. We learned to not sacrifice our wellbeing due to workload (i.e. sleep) and understood that our stress – both good and bad – is needed to grow, but should also be complemented with rest and recuperation to help us grow. - **Lainie Reu**

The program logo and graphic below, showing the four domains of student wellbeing underpinning the learnings and concepts of the program, were designed by student Isabel Flowers.

**Andrew Mittiga**  
Teacher

## Year 8 Camp

Sessions have been held with the Year 8 girls to begin their preparations for the upcoming camp at Yankalilla. Year 8 Core Groups 1 and 2 will attend in Week 8, **Sunday 11 September to Friday 16 September** and Core Groups 3 and 4 will attend in Week 10, **Sunday 25 September to Friday 30 September**.

## REALISE

Sessions have also been held with the Year 9 girls to prepare them for their three-week experience at Crawford. Core Group 3 will leave for Crawford on **Sunday 11 September**

and parents will collect their daughters on **Saturday 1 October**. The girls in Core Group 4 are the final REALISE group for the year. Their experience begins on **Sunday 16 October** and concludes on **Saturday 5 November**.

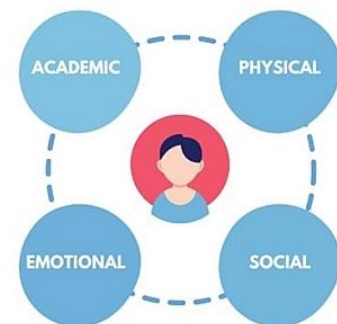
## Cedar in the Snow

Cedar Day was celebrated on Wednesday and was the final House Day for the year. The Vietnamese rolls, snow cones and hot chocolates proved very popular with our Middle School girls. Well done to the Year 12 House Captains, **Tori Lane** and **Sophie Lockie**, for running a successful day with the help of Ms Elisa Stracci and all the Cedar Stars. The proceeds of all House Days support the Bhadure School community in Nepal.

## Year 7 Parent Social Event

The Year 7 Class Reps would like to invite all Year 7 parents to a casual social event at The Lion on **Friday 16 September** from 7.00pm onwards. Please RSVP [here](#).

If you have any questions or would like to join the committee, please contact Polly Tembel, Kirsten Croser, Sabina Mikhi or Andrew Perry.







SENIOR SCHOOL

## The Importance of Perseverance

**Ben Manifold, Head of Senior School**

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As we move towards the end of Term 3, the importance of all girls looking after their personal health is vital as all students enter a significant assessment block in the next two weeks. Girls all have access to the online assessment calendars so they are aware of upcoming tests and assignments. Planning is vital, as is not leaving assessment pieces to the last minute to complete. Girls need to make sacrifices. Their social calendars must take a back seat for the remainder of this term to ensure that they are not burning the candle at both ends or they will run the risk of sickness and considerable pressure and stress.

At this time, the importance of perseverance cannot be underestimated. Sometimes when we look at the big picture, it is all too easy to become overawed and give up. If we break it up into smaller chunks, things become considerably easier to achieve.

Last week I enjoyed watching several of the Intercol teams play against Seymour. Congratulations to the Open A Debating, Soccer, Football and Badminton teams on their wins, which saw the Winter Intercol trophy return to Wilderness. What impressed me the most was the perseverance and humility that all teams demonstrated, whether they won or lost their respective games.

I was also pleased to learn of the success of the Wilderness teams that competed in the SA UNYouth's EVATT competition. With their partners, the girls researched their allocated countries, and prepared to argue their response to current global crises and

find a resolution. The day involved lots of problem-solving, compromise, diplomacy, public speaking and clear communication between individuals to pass a set of bills that appropriately resolved the issue. Congratulations to **Lucy Lydeamore** (Year 10), **Natasha Lippett** (Year 10), **Zoe Velliaris** (Year 12) and **Isabel Graham** (Year 12) who were successful in making it into the second round.

We welcomed yLead to Wilderness to work with the Year 10 and 11 girls last week with the key focus of these sessions on leadership. Thank you to **Allegra Kleinig** (Year 11) and **Edwina Marshman** (Year 10) for sharing their reflections as a student in these sessions, which are found in this newsletter. The timing of these sessions worked in well with the election of the 2023 Student Representative Council this week. Congratulations to those girls who were successful in gaining a SRC leadership position. We look forward to their leadership in 2023 and what they will bring to enhance the Wilderness community.

Unfortunately, this process will always leave some girls disappointed, as their nomination requires them to be brave and offer themselves for election. These experiences are a part of life, whether it be applying for a job or being selected in a team; there are always going to be times when we are successful and others when we are not. True leadership is so much more than a title, badge or tie and I hope that those girls who were not successful understand that they can still be a leader in Year 12, regardless of holding a formal position.

Next week, we look forward to the Interhouse Athletics Carnival on **Thursday 8 September** at the Salisbury Athletics Stadium. Hopefully, the weather will be kind and the true spirit of Interhouse competition will shine as the Year 12 girls experience their last House competition during their time at Wilderness.

Finally, thank you to Samantha Jersmann (Year 12 Parent Rep) for her organisation of the Year 12 Parent Reflection Evening held at the Wine Centre last Saturday evening. It was a wonderful night for Year 12 parents to celebrate their daughter's final year at Wilderness and to enjoy each other's company. It was fantastic to see so many of the Boarding Parents present on the night.

## Year 10 yLead Experience

The yLead team worked with the Year 10s over two days to help us become our best selves and make a difference as leaders. Across the workshop, we participated in many hands-on activities and worked with people we may not normally work with. These activities showed us the importance of communicating as a group and using everyone's strengths to work together effectively. Throughout these activities, we were able to discover ourselves as a leader, and we learned that ultimately everyone is

a leader—☐with or without a badge. We thank the yLead team for their efforts and look forward to using the skills in the years ahead. - **Edwina Marshman**

## Year 11 yLead Experience

On Friday 26 August, we participated in yLead, where we learned how a leader is simply the combination of character (who you are) and action (what you do). Through a pizza recipe analogy, we understood that although we cannot change the delicious dough and sauce – the Wilderness foundation – we can choose the toppings and create innovative change for our school and broader community.

Further team-building activities tested our problem solving. For one activity, we had the challenge of transporting our year level under a moving skipping rope. Although daunting at first, communication and creative thinking reduced our time from ten minutes to 2.9 seconds, exemplifying the importance of teamwork and innovation.

We ended the day by expressing our gratitude for each other. Using the pieces of paper attached on others' backs, we wrote why we value or admire members of our year.

Overall, we left the program more connected as a year level and ready to make a positive difference in the world we touch. - **Allegra Kleinig**

## Wildy Places Second in Team Challenge at South Australian Brain Bee State Final 2022

On Thursday 18 August, the South Australian Brain Bee State Final 2022 was held at Flinders University. This is a competition for Year 10 students to learn about the brain and its functions, learn about neuroscience research, find out about careers in neuroscience and to dispel misconceptions about neurological and mental illnesses. Four Wilderness girls participated, including **Patricia Aquino, Thisagi Jayasekara, Victoria Phan** and **Livia Podreka**. The girls are to be congratulated for coming second in the Team Challenge against twelve other finalist schools. This was after two rounds of live questioning on the day as well as individually scoring a high score on an online quiz



prior to the final to qualify. Well done, girls!

**Emily Lewis**

Extended Curriculum Teacher





BOARDING

## Boarders Bring Out Their Inner Artist

[Renee Coventry, Head of Boarding](#)

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Our girls had a wonderful time during the All-in Art Activity. Clare Valley artist, Holly Geyer shared her inspirational story of how she came to be an artist with our girls. The art afternoon provided a wonderful opportunity for our girls to express their inner artist. Each girl will receive their finished clutch in a few weeks.

### Self Defence

The final session of our three-week self defence course took place last week. Thanks to our instructor, Bronwen, who has led these courses over the past three weeks.

### Weekend Activities

Last weekend, several of our girls travelled to the Urth clay studio in Burnside to make their own speckled mugs. The Pottery Workshop was an optional afternoon activity, which was enjoyed by all the girls who attended. Thanks to Zoe for coordinating this lovely afternoon activity and to Abbey for joining the girls for the afternoon.









SPORT

## WilderNESS Wins Winter Intercol and Overall Trophy

[Jon Trovas, Director of Sport and Recreation](#)

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We are delighted to share the news that WilderNESS has won the 2022 Overall Intercol Trophy following a tightly contested series of matches with the final tally 7-6 in our favour! This passionate rivalry between Seymour and WilderNESS has been a significant event for our girls each year since it began in 2011. This is the second time WilderNESS has won the Trophy outright, first claiming it in 2019 and now in 2022.

WilderNESS has also claimed the Winter Intercol Trophy for the third time securing four wins to Seymour's two with outstanding performances in AFL, badminton, debating and soccer. Our netball and hockey teams put up a valiant effort and did WilderNESS proud.

More so than anything this past week, I have been incredibly proud of the WilderNESS players, coaches and supporters for their unwavering sportsmanship despite whatever came their way.

Congratulations to all our staff, coaches and girls on their fantastic results in both the Summer and Winter competitions and we look forward to defending these trophies in 2023.

### Winter Sport Finals

WilderNESS has had a challenging Winter season across the board, but our resilience and hard work has shown through. We are delighted to see five WilderNESS teams qualify for

IGSSA Sport Grand Finals—the second highest number of any IGSSA school.

The following teams will match up for the IGSSA premiership in Week 7:

- Division 1 Soccer to play Seymour
- Premier League Soccer to play Scotch
- Senior A Footy to play Scotch
- Open A Badminton to play Pembroke
- Open B Badminton to play Pembroke.

A special mention must go to our Senior A Hockey girls, who unfortunately just missed the finals by finishing third on the table after a tough match against Seymour.

Our U15 Lacrosse girls had a big win in their Semi-Final on Saturday against Brighton and tomorrow will play in the Preliminary Final against Burnside for a chance to contest the Grand Final.

Best of luck to all our teams in their finals campaigns, and a massive thank you to all staff and parents for their support of the girls this season and during the Intercol Week.

## Year 9/10 Statewide Touch Football Finals

Our Year 9/10 Statewide Touch Football team won silver last week at the Finals Day.

Wilderness won four of our five games comfortably and in a closely fought game against Sacred Heart fell just one try short, losing 3-4. After the results were tallied, Wilderness finished in second place to win the silver medal—an outstanding result!

Congratulations to our girls and their coach Ms Marnie Eddington.

















CREATIVE INDUSTRIES

## Ensembles Win Big at ABODA Festival

[Anna Lenartowicz, Head of Music](#)

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In Week 5, our Band and String ensembles participated in the ABODA Bands and Orchestra Festival. After a digital online submission for 2021, it was fabulous to perform live again in the wonderful concert hall at Westminster School—now with a brand new Music Centre added to it as well!

All our students represented Wilderness at the highest possible standard and showed incredible citizenship within their own ensembles, as well as towards their peers. I am incredibly proud of our outstanding results across all categories.

- **Gold Award** (and outright winners) in the Intermediate Concert Band section to our Concert Band (directed by Ms Anna Lenartowicz)
- **Gold Award** (and outright winners) in the Intermediate Concert Band PLUS section to our Symphonic Band (directed by Ms Cassie Pope)
- **Gold Award** (and outright winners) in the Novice Stage Band section to our Big Band 2 (directed by Mr Damien Hurn)



- **Silver Award** in the Advanced String Ensemble Section to our Senior String Orchestra (directed by Ms Cassie Pope)
- **Silver Award** in the Intermediate Stage Band section to our Big Band 1 (directed by Ms Cassie Pope).

## Stage 1 and 2 Recital Night

Our senior music students came together on Monday evening for an intimate recital concert in Hender Hall. After the tremendous success of the inaugural recital concert in 2021, this year we decided to invite our Stage 1 (Year 10 Music) students to come along so that all of our senior students had a small but supportive audience.

I am always so blown away by the confidence and maturity of our students, in addition to their advanced talents on a vast number of instruments and in various styles.

Well done to these students for preparing so thoroughly for this event, and to their instrumental tutors and accompanists for their tremendous support.

## Gwen Robinson Piano Competition

Last Wednesday, 15 outstanding young pianists across our Junior, Middle and Senior School competed in the annual Gwen Robinson Competition. It was a lovely evening with an extremely high standard of musicianship with all competitors performing beautifully.

**Sarah Mah** (Year 7) was selected as the 2022 winner. This is the second time Sarah has won this competition, previously winning in 2020. Sarah learns piano externally with Mrs Debra Andreacchio.

**Vanessa Abela**  
Teacher

## Piano For Sale

KAWAI GL30 166cms Grand Piano  
3 years old, with 9 years remaining on warranty.  
\$17,000, negotiable

Please contact Canyu (Alice) Jia on 0450 521 631 if interested.









CAREERS CORNER

## Careers Corner

Caroline Palmer, Careers Counsellor

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### Monash University: Discover Monash Webinar Evenings

Follow this [link](#) to register.

### Study at Monash: Mathematics and Science Prerequisites

The best way to meet the prerequisite requirements for Monash undergraduate courses is by undertaking them via SACE. However, Monash does accept a range of alternate options for meeting maths and science pre-requisites for many of their courses. Your daughter can view these [here](#).

### RMIT Webinar Series

Everyone who registers will receive a goodies pack which includes a 2022 Transition to Tertiary booklet as well as the session recording to refer to as your daughter commences her tertiary journey. Your daughter can register online for one of the three following sessions [here](#).

- **Tuesday 13 September (virtual)** - Regional students and parents (5.30pm to 6.30pm)
- **Thursday 15 September (virtual)** - Parents (5.30pm to 6.30pm)
- **Thursday 22 September (Melbourne City campus)** - A Day at RMIT (1.00pm to

4.00pm)

## University of Sydney Webinar Series

1. [Undergraduate Events Calendar](#) (including course and accommodation information)
2. [Bachelor of Commerce](#) pathways and scholarship webinar
3. [Scholarship Information](#).

## Study in the UK

Join in a webinar with representatives from Imperial College London and the University of St Andrews. They will cover the differences between the English and Scottish university system. If your daughter is not able to join the webinar live, still sign up to receive a recording after the event has finished. Your daughter can then email any questions to them directly.

## Study in the UK Webinar

**Saturday 2 September**

6.30pm

[Register Here](#) The registration form requires the user to select a year of entry; please type in 2023

## University of Tasmania Open Day (Virtual)

This is particularly for students who are interested in Medicine. To register, please [follow this link](#).

## Fearless Conversations

A [13-week-long series](#) with industry leaders and researchers. Fearless Conversations will continue to tackle a broad range of topics, diving deep into areas such as health, science, politics, the arts, our environment and more, to shine an uncompromising light on the issues that affect us all.

## Lincoln University New Zealand

Find out what's new at Lincoln University.

## Is Your Daughter Considering a Gap Year?

Find out more information from [Projects Abroad](#).

## New Ventures Worldwide

Your daughter could [volunteer overseas](#) in the UK, Canada, Spain, Poland, Ghana, Vietnam or Argentina.

- Up to 12-month-long programs
- Worldwide support staff in each program country
- Food, accommodation and allowance included with most programs.

## International College of Hotel Management, Adelaide

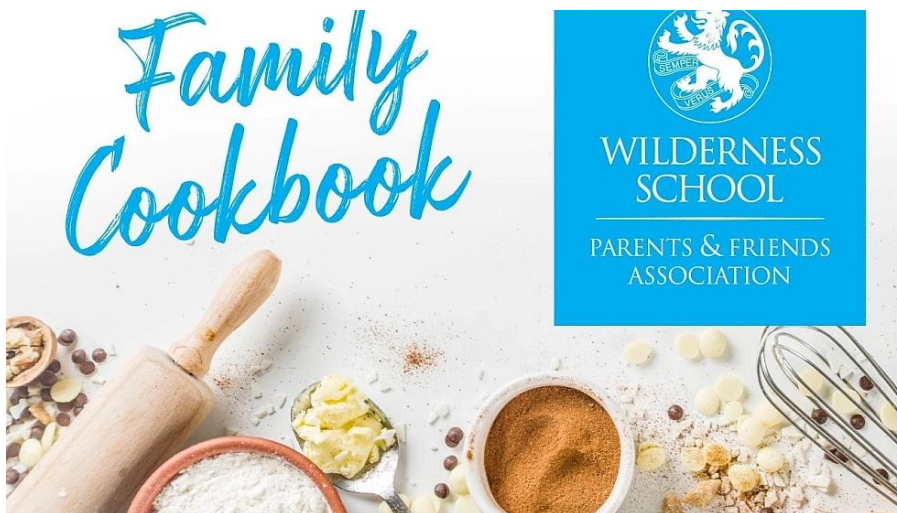
Check out [Discovery Days](#) for high school students.

## Flinders University Medicine Information Session at Wilderness

On Tuesday 16 August, Dr Voula Gaganis (BMedSci Coordinator, Flinders University), Karen Lower (Wilderness Alumni) and Krystal Rosario (Prospective Student Representative, Flinders University) held an information session. This was a wonderful opportunity for students interested in pursuing Medicine to ask questions and gain a better understanding of the Medicine degree offered at Flinders. This session was highly relevant as the Year 12s are currently undertaking their SATAC and other interstate university applications. Many students found the presentation extremely helpful, with Year 12 student **Adeena Zafar** stating that, "It was very informative. They provided us with lots of details regarding the two different pathways into Flinders Medicine, as well as the transfer process from another field of study into Medicine".







COMMUNITY

## A Wilderness Family Cookbook

[Jen Guest, President of the Parents and Friends Association](#)

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The Parents and Friends Association has an exciting project to share with you - a family cookbook! This is an opportunity for current Wilderness School families to be a part of creating a legacy for future generations to enjoy these favourite recipes.

We are asking you to share your family's favourite recipe (limit one per family) and have the chance to pre-order now to receive your cookbook before the end of the year (in time for Christmas - what a gift!).

To ensure your recipe is included in this amazing cookbook project upload your recipe via [Published Authors](#) by **Monday 12 September**.

If you have a photo of your meal or baked treat that you would like to have published alongside your recipe, please [submit your photos](#) using the link below. We also welcome drawings of it created by your daughter(s).

Don't forget to pre-order your copy for \$29.95 now through [flexischools](#) (under The Uniform Shop, Parents and Friends tab) to receive it by the end of the school year.

