# Wilderness School Training Schedule | 2025

#### Water Polo

Water Polo training sessions occur on weekday mornings from 7am – 8am. All competition for Water Polo is held on Thursday afternoons with start times ranging between 4.00pm and 6.00pm.

#### Touch Football

Touch Football training sessions occur on Tuesday mornings from 7am – 8am and Tuesday afternoons from 3:30pm – 5:00pm. Competitions are held on Saturday mornings with start times ranging between 8:20am and 10:50am.

### Basketball

Basketball training sessions occur Monday and Wednesday mornings from 7am – 8am. Competitions are on Monday and Wednesday afternoons from 4:00pm – 6:00pm.

#### Cricket

Cricket training sessions occur on Monday afternoons from 3:30pm – 4:45pm (juniors). All competition for cricket is held on Wednesday afternoons from 4:00pm – 5:15pm (juniors).

## Volleyball

Volleyball training sessions occur on Thursday afternoons from 3:45pm – 5.00pm and Friday mornings from 7am – 8am (seniors) and Tuesday afternoons from 3:30pm – 4:45pm (juniors). All competition for Volleyball is held on Saturday mornings from 8am (seniors) and Friday afternoons from 4:00pm – 5:15pm (juniors).

## **Tennis**

Tennis training sessions occur on Wednesday and Thursday mornings from 7am until 8am. Competition is held on Monday afternoons 3:30pm – 5:30pm and Saturday mornings 7:45am until 10:30am.